

Saturday Workshop

Join a supportive community of women Soul Seekers on Saturdays and take time to center . . . for soul work.

When we meet we have a specific focus with some form of:

- Dream Work
- Creative Expression
- Body Movement
- Poetry and Music
- Journaling
- Large and Small Group Sharing
- Ideas to take Home



Around the 2nd Saturday
of the month
10:00 am to 5:00 pm

Register by contacting Ann
at: anndobbertin@gmail.com

Limited to 6-8 people.

“The Saturday workshops provide a framework for soul work, insight, and creativity -- along with a wonderful opportunity to be with a group of women I completely love and trust.”
Marsha

You are courageous women..... seeking your Soul..... honoring the journey of consciousness. I encourage you to keep making time to be in a Community of Soul Seekers.

Ann Dobbertin, LCSW-C

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